**5on5 FLAG FOOTBALL SCHEDULE 2023**

# SENIOR GIRLS

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| **Senior Girls Division Teams** |
| St. Eugene  | St. Gabriel  | St. Marguerite d’Youville | Sts. Peter & Paul  |
| St. Ann Ancaster  | Our Lady of Hope  | St. Therese of Lisieux | Assumption |
| Immaculate Conception  | St. Matthew  | St. Mark  | Annunciation |
| St. Paul | Corpus Christi  | Immaculate Heart of Mary  | St. Francis Xavier  |
| St. Teresa of Avila  | St. Joachim | St. Margaret Mary | St. Agnes |
| St. Ann (Hamilton) | Mount Carmel  | St. Clare of Assisi | Regina Mundi  |
| Canadian Martyr’s | St. Augustine  | Our Lady of Peace  | St. John the Baptist  |

DO NOT assume that games are cancelled due to weather – REMEMBER – this is Football – we play in rain, snow or sleet.

* **Roster Forms need to be submitted by October 20th, 2023**

Each team will play 3 regular season games (with the exception of some teams playing 4). There are two divisions based on the school population. Games may cross over divisions due to an imbalance of teams, only during the regular season.

Please call Joseph De Luca at (905)-528-0011 ext. 3606 if you are unable to attend a game so we can notify the other team and referees!

**Locations:**

***T.B. McQuesten Community Park*** - 1199 Upper Wentworth Street, Hamilton, ON - L8W 2Y7

***Cathedral High School Field*** – 41 Wentworth Street North, Hamilton, ON L8L 5V3

***St. Thomas More High School Field*** - 1045 Upper Paradise Rd, Hamilton ON L9B 2N

***Our Lady of Mount Carmel Elementary School*** *–* 1624 Centre Road East, Carlisle ON L0R 1H0

***Cherry Heights Park*** – 90 Stoney Brook Dr, Stoney Creek ON L8G 3V7

Joseph De Luca

Football Convenor

joseph.deluca@hwcdsb.ca OR joe.deluca@cyo.on.ca

905-528-0011 ext. 3606

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| **2023 Flag Football Schedule – Senior Girls** |
| **Date** | **Time** | **Location** | **Team** | **Team** | **Division** |
| **Week 1** |
| Sat, Sept 30th | 10:00am | Cathedral HS Field | St. Ann (Hamilton) | St. Marguerite d’Youville | D2 |
| Sat, Sept 30th | 10:00am | Cathedral HS Field | St. Margaret Mary | Our Lady of Peace | D2 |
| ~~Sat, Sept 30~~~~th~~ | ~~12:00pm~~ | ~~Cathedral HS Field~~ | ~~St. Agnes~~ | ~~St James~~ | ~~D2~~ |
| Sat, Sept 30th | 12:00pm | Cathedral HS Field | St. Agnes | St. Paul  | D2 |
| ~~Sat, Sept 30~~~~th~~ | ~~12:00pm~~ | ~~Cathedral HS Field~~ | ~~St. Thomas the Apostle~~ | ~~St. Paul~~ | ~~D1~~ |
| Sat, Sept 30th | 12:00pm | Cathedral HS Field | Our Lady of Hope | Immaculate Heart of Mary | D1 |
| Sat, Sept 30th | 9:00am | St. Thomas More HS Field | Regina Mundi | St. Augustine | D2 |
| Sat, Sept 30th | 10:00am | St. Thomas More HS Field | St. Mark | St. Joachim | D1 |
| Sat, Sept 30th | 10:00am | St. Thomas More HS Field | St. Francis Xavier | St. Matthew | D1 |
| Sat, Sept 30th | 12:00pm | St. Thomas More HS Field | Our Lady of Assumption | Annunciation of Our Lord | D1 |
| Sat, Sept 30th | 9:00am | Cherry Heights Park | St. Clare of Assisi | St. Teresa of Avila | D2 |
| Sat, Sept 30th | 10:00am | Our Lady of Mount Carmel School | Canadian Martyrs’ | Our Lady of Mount Carmel | D2 |
|  |  |  |  |  |  |
| Tues, Oct 3rd | 5:30pm | T.B. McQuesten Field | St. Gabriel | St. Eugene | D1 |
| Tues, Oct 3rd | 5:30pm | T.B. McQuesten Field | Corpus Christi | Immaculate Conception | D1 |
|  |  |  |  |  |  |
| Wed, Oct 4th  | 4:00pm | T.B. McQuesten Field | St. Ann (Ancaster) | St. John the Baptist  | D2 |
|  |  |  |  |  |  |
| Thurs, Oct 5th | 4:45pm | T.B. McQuesten Field | St. Therese of Lisieux | Sts. Peter & Paul | D1 |
| **Happy Thanksgiving** **Week 2** |
| Tues, Oct 10th | 4:45pm | T.B. McQuesten Field | Immaculate Conception | St. Eugene | D1 |
| Tues, Oct 10th | 4:45pm | T.B. McQuesten Field | St. Therese of Lisieux | Our Lady of Assumption | D1 |
|  |  |  |  |  |  |
| Wed, Oct 11th | 4:45pm | T.B. McQuesten Field | St. Paul | St. Mark | D1 |
|  |  |  |  |  |  |
| Thurs, Oct 12th | 4:00pm | T.B. McQuesten Field | Corpus Christi | St. Joachim | D1 |
| Thurs, Oct 12th | 4:00pm | T.B. McQuesten Field | St. Gabriel | Our Lady of Hope | D1 |
| Thurs, Oct 12th | 5:30pm | T.B. McQuesten Field | St. Matthew | Sts. Peter & Paul | D1 |
| Thurs, Oct 12th | 5:30pm | T.B. McQuesten Field | Annunciation of Our Lord | St. Thomas the Apostle | D1 |
|  |  |  |  |  |  |
| Sat, Oct 14th | 9:00am | Cathedral HS Field | Canadian Martyrs’ | St. Teresa of Avila | D2 |
| Sat, Oct 14th | 11:00am | Cathedral HS Field | St. Marguerite d’Youville | St. Margaret Mary | D2 |
| Sat, Oct 14th | 11:00am | Cathedral HS Field | Immaculate Heart of Mary | St. Francis Xavier | D1 |
| Sat, Oct 14th | 11:00am | Cathedral HS Field | St. Augustine  | St. James the Apostle  | D2 |
| Sat, Oct 14th | 12:00pm | Cathedral HS Field | St. Agnes | St. Ann (Hamilton) | D2 |
| Sat, Oct 14th | 9:00am | Cherry Heights Park | St. Clare of Assisi | Our Lady of Peace | D2 |
| Sat, Oct 14th | 9:00am | Our Lady of Mount Carmel School | Our Lady of Mount Carmel | St. Ann (Ancaster) | D2 |
| Sat, Oct 14th | 11:00am | Our Lady of Mount Carmel School | Regina Mundi  | St. John the Baptist | D2 |
| **Week 3** |
| Tues, Oct 17th | 4:45pm | T.B. McQuesten Field | St. Matthew | Immaculate Conception | D1 |
|  |  |  |  |  |  |
| Wed, Oct 18th | 4:45pm | T.B. McQuesten Field | St. Ann (Ancaster) | St. Agnes | D2 |
| ~~Wed, Oct 18~~~~th~~ | ~~5:30pm~~ | ~~T.B. McQuesten Field~~ | ~~St. Therese of Lisieux~~ | ~~St. Thomas the Apostle~~ | ~~D1~~ |
| Wed, Oct 18th | 5:30pm | T.B. McQuesten Field | St. Therese of Lisieux | St. James the Apostle  | CD |
|  |  |  |  |  |  |
| Thurs, Oct 19th | 4:45pm | T.B. McQuesten Field | St. Teresa of Avila | Regina Mundi | D2 |
| Thurs, Oct 19th | 4:45pm | T.B. McQuesten Field | Sts. Peter & Paul | Immaculate Heart of Mary | D1 |
|  |  |  |  |  |  |
| Sat, Oct 21st | 11:00am | Cathedral HS Field | Canadian Martyrs’ | St. Gabriel | CD |
| Sat, Oct 21st | 12:00pm | Cathedral HS Field | Our Lady of Peace | St. Augustine | D2 |
| Sat, Oct 21st | 12:00pm | Cathedral HS Field | St. Ann (Hamilton) | St. Margaret Mary | D2 |
| Sat, Oct 21st | 9:00am | St. Thomas More HS Field | St. Eugene  | St. John the Baptist  | CD |
| Sat, Oct 21st | 10:00am | St. Thomas More HS Field | St. Mark | Our Lady of Hope | D1 |
| Sat, Oct 21st | 11:00am | St. Thomas More HS Field | St. Joachim | Our Lady of the Assumption | D1 |
| Sat, Oct 21st | 12:00am | St. Thomas More HS Field | Annunciation of Our Lord | Corpus Christi | D1 |
| Sat, Oct 21st | 9:00am | Cherry Heights Park | St. Clare of Assisi | St. Marguerite d’Youville | D2 |
| ~~Sat, Oct 21~~~~st~~ | ~~9:00am~~ | ~~Our Lady of Mount Carmel School~~ | ~~Our Lady of Mount Carmel~~ | ~~St. James the Apostle~~ | ~~D2~~ |
| Sat, Oct 21st | 9:00am | Our Lady of Mount Carmel School | Our Lady of Mount Carmel | St. Thomas the Apostle  | D2 |
| **Week 4** |
| Mon, Oct 23rd | 4:00pm | Billy Sherring Park | St. Francis Xavier | St. Paul  | D1 |